

Message Text

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PAGE 01 KATHMA 04133 010404Z

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FM AMEMBASSY KATHMANDU

TO SECSTATE WASHDC 6340

UNCLAS KATHMANDU 4133

PASS U.S. CIVIL SERVICE COMMISSION, BUREAU OF RETIREMENT,
INSURANCE AND OCCUPATIONAL HEALTH

E.O. 11652: N/A

TAGS: APER NP

SUBJECT: MEDICAL RETIREMENT: FSL BABAR JANG MAHAT

CSA 1 929 439

1. THIS MEDICAL RETIREMENT CASE IS UNDER CURRENT REVIEW BY
CIVIL SERVICE COMMISSION AND THE FOLLOWING SUPPLEMENTARY
MEDICAL REPORT, DATED SEPTEMBER 29, 1976, IS SUBMITTED FOR
THEIR CONSIDERATION.

2. QUOTE: MR. MAHAT HAS EXPERIENCED RECURRENT EPISODES OF
GOUT OVER A PERIOD OF THE LAST SEVEN YEARS, AS RECORDED ON
HIS MEDICAL RECORD AT THE AMERICAN EMBASSY KATHMANDU MEDICAL
UNIT. THE EARLIEST RECORDED ENTRY OF TREATMENT FOR THIS
WAS ON JULY 10, 1969. PAIN AND SWELLING AT THAT TIME WAS
LIMITED TO THE GREAT TOE, RIGHT FOOT. AS TIME HAS PASSED,
HE HAS HAD EPISODES OF PAIN AND SWELLING OF A PROGRESSIVELY
MORE INVOLVED NATURE. INITIALLY HIS RIGHT ANKLE AND KNEE
ALSO BECAME INVOLVED. ON AUGUST 4, 1975, HE WAS SEEN BY
DR. J. REED, EMBASSY PHYSICIAN, FOR PAIN, SWELLING,
DIFFICULT MOVEMENT OF LEFT ANKLE AND KNEE. IN 1975 HE WAS
SEEN IN THE EMBASSY MEDICAL UNIT ON 12 DIFFERENT OCCASIONS
FOR EPISODES OF GOUTY ARTHRITIS, EACH EPISODE LASTING FROM
4-6 WEEKS. INVOLVEMENT WAS ALWAYS IN EITHER RIGHT OR LEFT
LOWER EXTREMITIES. PAIN WAS SUCH THAT IT NECESSITATED
PERIODIC USE OF A CANE FOR MOBILIZATION.

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PAGE 02 KATHMA 04133 010404Z

3. IN 1976, MR. MAHAT HAS ALREADY BEEN SEEN IN THE EMBASSY

MEDICAL UNIT A TOTAL OF 26 TIMES WITH PROBLEMS RELATING TO HIS GOUTY ARTHRITIS. ON HIS VISIT OF JUNE 8, 1976, IT WAS NOTED THAT RIGHT LITTLE FINGER AND RIGHT INDEX FINGER WERE NOW INVOLVED. ON JULY 13, 1976, IT WAS NOTED THAT THERE WAS NOW ALSO INVOLVEMENT OF THE RIGHT ELBOW.

4. THUS FAR IN 1976, MR. MAHAT HAS HAD EPISODES OF GOUTY ARTHRITIS IN FEBRUARY, APRIL, MAY, JUNE, JULY, AUGUST AND SEPTEMBER. THE DISABLING NATURE OF THE PAIN HAS BECOME PROGRESSIVELY MORE MARKED, CAUSING HIM TO BE ABSENT FROM WORK AND CAUSING HIM INCREASING DIFFICULTY REGARDING HIS ABILITY TO FUNCTION IN HIS JOB. THE EPISODES INVOLVING HIS UPPER EXTREMITIES (RIGHT HAND AND ELBOW) WERE GREATER AND MORE PROLONGED AFTER HIS ATTEMPTS TO DO TYPING, WHICH IS AN INTEGRAL PART OF HIS JOB. THE IRRITATION CAUSED BY THE ROUTINE PERFORMANCE OF HIS JOB TASKS NECESSITATED THE USE AFTERWARDS OF A SLING FOR SUPPORT OF THE HAND AND ARM AND THE INCREASED DOSAGE OF MEDICATIONS BEING TAKEN FOR HIS CONDITION.

5. ON SEPTEMBER 19, 1976, HE WAS SEEN IN THE BIR HOSPITAL EMERGENCY ROOM COMPLAINING OF DIZZINESS AND FEELING OF EXTREME NERVOUSNESS. HE WAS INFORMED THAT HE WAS SUFFERING FROM AN EPISODE OF HYPERTENSION. HE IS NOW BEING TREATED BY A NEPALESE VASCULAR SPECIALIST, DR. PAHARI. SIGNED: GENEVIEVE FERRIS, R.N., FOREIGN SERVICE NURSE. END QUOTE.

6. EMBASSY REQUESTS CIVIL SERVICE COMMISSION GIVE PRIORITY TO THIS CASE AS MR. MAHAT'S CONDITION IS SUCH THAT HE IS NO LONGER ABLE TO WORK. HE HAS EXHAUSTED ALL SICK LEAVE AND IS NOW RAPIDLY USING ACCUMULATED ANNUAL LEAVE. MAYTAG

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